

Mission

The mission of **Albany Second Chance** is to provide pre and post judicial alternative rehabilitation programs squarely designed to restore hope, human dignity, reintegration into society and good employment status that will lead to abstention from a criminal lifestyle, and thus to a more productive lifestyle.

Albany Second Chance is committed to working with existing service agencies, employers, churches and local institutions to bring about the most effective service delivery possible to our clients so that they can become productive members of society.

Albany Second Chance has two components. The Pre-Post Release Intervention and Restorative Justice Services.



LOCATION:

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**ALBANY
SECOND
CHANCE**

**A Pre and Post
Restorative Justice
Reentry Program**

229-883-3440

**albanysecondchance
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Introduction

Albany Second Chance is a community-based program operating under the auspices of the **International Development Resource Organization, Inc. (IDRO)**, a local nonprofit. Albany Second Chance provides comprehensive pre and post release judicial and community restorative justice services to returning citizens, as well as other citizens with adverse judicial records.

Albany Second Chance is focused on reducing the recidivism rate and promoting a healthy, wholesome lifestyle by providing rehabilitative services that ensure successful transition back into the community. The program maintains a working relationship with former returnees, local businesses, educational systems, and various criminal justice system agencies, and aims to assist with employment, housing, family obligations and promoting personal responsibility.

Our primary goal is to provide services that will enable returning citizens and individuals with adverse criminal records to readjust into society in order to abstain from criminal lifestyles. The program works with the judicial system and other agencies to aid in the wholesome spiritual, social and economic rehabilitation of the individual being released from the criminal justice system.

Scope of Services

Albany Second Chance provides comprehensive pre and post intervention and restorative justice services such as:

- **Comprehensive Assessment:** A comprehensive assessment is performed on all applicants to determine the area of **NEEDS**, to formulate a client service plan. The **NEEDS** assessment is scheduled on an individual basis.
- **Individual and Family Counseling:** Counseling services designed to address individual and family psychological stability and daily life functioning. Counseling services are scheduled based on referral or assessment findings.
- **Substance Abuse Program:** Our *Substance Abuse Program* is a (16) week cognitive behavioral program designed to provide education and counseling that focus on the development of Early Recovery Skills, Relapse Prevention, Individual/Conjoint Sessions, and Social and Family Support. The program runs for a minimum of 16 weeks.
- **Anger Management Program:** *Anger Mgmt.calm* is a (16) week choice-based anger control program designed to help recognize and control anger. The course will provide education that will assist individuals in understanding the origin of anger, the affect of anger, and how to manage emotions from anger.

- **Life Management Program:** *Skills for Life* is a life management program that utilizes a participant-centered workshop approach. The participants learn techniques to take charge of their surroundings, health and wellness, emotional well being, financial and employment matters, family relationships and community responsibility. The program is divided into 10 week workshops.

Pre or Post Release and Restorative Justice Services

- Record Restriction (Expungement) and Pardons Assistance
- Community and Civic Counseling
- Adult and Juvenile Mentoring
- Educational Counseling
- Employability Skills Training
- Economic Empowerment Training
- Entrepreneurship Workshops
- Computer Literacy Training
- Offender Integration Services
- Federal Bonding Program and Work Opportunity Tax Credit for Employers